PRESIDENT’S MESSAGE

Warm greetings from CSHP-BC as temperatures are dropping and rain is starting to fall more frequently! It’s hard to believe it’s already October.

• Don’t forget to vote in the College of Pharmacists of BC elections by Oct.5 if your technician or pharmacist representative position is open for voting. See Anar’s article in this newsletter for more details.
• Please consider volunteering for one of the CSHP-BC council positions coming open in December, or volunteering for the programs, advocacy, awards or other committees in the new year. In particular, we are recruiting for President-Elect, Treasurer, Secretary and Programs Committee Chairperson positions.
• We’d love to have you as a volunteer mentor or a student in our Student Membership Program. See Naa and Solomon’s article later in the newsletter for further information on how to sign up.
• We hope to see you at our AGM November 23-24. Don’t forget to submit your award nominations (Sept.30), poster abstracts (Oct.26), nominations (Nov.16, or from the floor at the AGM) or last-minute resolutions!

We are grateful for another year supporting, representing and participating with you in CSHP-BC.

Tamar Koleba, President
We hope you thoroughly enjoyed 2018 Clinical Symposium at the Italian Cultural Centre! However, don’t lose the learning momentum yet! The 2018 CSHP-BC Annual General Meeting (AGM) is coming up November 23-24, 2018 at the Marriott Downtown Pinnacle Hotel in Vancouver. There will be excellent topics and speakers, delicious food, engaging poster presentations, manufacturers booths to visit, and plenty of networking opportunities. Even better, the CSHP-BC AGM portion has been shorted compared to previous years, and thus, there will be an anticipated 6.25 CEUs offered at this event (more than ever before)! Also, due to popular demand, 3rd annual AGM after party will be happening again right after the last session of the AGM.

Topics and speakers for the AGM include:

- **2018 Canadian Diabetes Association Guidelines** - Dr. Breay Paty, MD
- **Updates from the Ministry of Health** - Dr. Eric Lun, PharmD
- **Truth and Reconciliation: Pharmacy Professionals Answering the Calls to Action** - Dr. Jaris Swidoric, PharmD (Keynote)
- **Update from College of Pharmacists of BC** - Bob Nakagawa, RPh
- **Going Viral: Sharing Influenza Prevention and Treatment Truths** - Dr. Megan Harbin, PharmD
- **Debate: Prioritizing Clinical Pharmacy Services**
  - Fine dining for some or smorgasbord for all?
  - Dr. Richard Slavik, PharmD vs. Dr. Sean Spina, PharmD
- **Psychiatric Effects of Cannabis** - Reza Rafizadeh, BSPharm
- **No more kidneying around: a CKD workshop to cure your ANGST** - Dr. Hilary Wu, PharmD
- **The Latest Hype about Hypertension** - Dr. Jillian Reardon

**REGISTER NOW!**

For the AGM: [Click here to register now!](#)

For the AGM after party: [Click here to register now!](#)

(free drinks for the first 60 registrants!)

Erica Wang
CSHP-BC Programs Chair 2018
INTERIOR CHAPTER

EVENT REMINDER: Interior Chapter Fall Update!

An evening of learning on November 15th at 5:30pm. The event will be held at the Coast Capri Hotel in Kelowna and streamed live to all other Interior sites. The two presentations feature updates from opioid use disorder expert Dr. Leslie Lappalainen as well as review of infectious disease controversies from our own Dr. Victoria Cox.

Dinner will be included in the cost of the event.

More details to come – keep an eye on your Interior Health emails!

Claire Ishoy
Interior Chapter Chair

NATIONAL ADVOCACY

The BC Advocacy Committee is glad to bring updates on our Advocacy efforts:

- In June 2018 we met with the UBC Dean and Government Relations representative with a goal to expand advocacy efforts and seek input on how to best help move these forward.
- In Sept 2018 we met with Dr. Eric Lun, Executive Director of Drug Intelligence and Optimization and discussed the pharmacist prescribing initiative.
- We have reached out and are aiming to add a patient representative to our Advocacy group to better inform our advocacy efforts.
- We are working towards producing an infographic to better explain the benefits and roles pharmacists in institutional settings bring to patient care.

We would like to thank members of our BC Advocacy Committee for all their time and fantastic work!

Although it is just the fall of 2018, we encourage sites to start thinking of PAM 2019 which will sneak up on us faster than we think. Feel free to refer to our Advocacy Resources on our website.

Thank you again for the ongoing efforts to positively impact patient care and outcomes!

Sincerely,

Anca Cvaci and Stephanie Hsiesh
CSHP BC National Advocacy Representative Co-Chairs
College Board Elections: Vote for Your Urban Hospitals Representative By October 5

Polls are open for the College of Pharmacists of BC’s 2018 Board Elections. This year elections are being held in the district of Urban Hospitals.

Your participation in these elections is needed to select the best representatives from each district to join the College Board. College Board members have a significant role and responsibility. The College is constantly evolving to meet the needs of the public and pharmacy practice, making selecting the best possible representatives for the College Board all the more important. Board members, whether pharmacists, pharmacy technicians or public appointees, bring diverse points of view to the table and work as a team to make policy and governance decisions in the public interest.

Make sure you get your vote in on time. Polls close Friday, October 5, 2018 at 5:00 PM.

Voting through the electronic polls is simple and only takes a few minutes. Eligible pharmacists can access the electronic polls by logging in to eServices.

Meet the candidates and learn how to vote at bcpharmacists.org/election.

September 2018 Board Meeting Highlights

Highlights from the September Board meeting include new requirements for electronic record keeping; BC’s approach to cannabis legalization and regulation; updates on our commitment to cultural safety and humility; and a new Patient Relations Program Standard.

See the highlights at: bcpharmacists.org/board-highlights-September-14-2018

Thank you to all of our members for your continued support of CSHP programs and initiatives. I will continue to encourage you to become involved whether that’s joining a committee, council, a pharmacy specialty network, or volunteering or presenting at an event. Furthermore, if you haven’t already, take a moment to browse through the benefits that CSHP provides on both the BC branch website and cshp.ca. As always, feel free to contact me at memberscshpbc@gmail.com if you have any feedback on member benefits.

Best regards,

Donna Rahmatian
CSHP BC Branch Membership Chairperson

CSHP-BC Summer Residency Kick Off Event 2018

Anar Dossa
District 6 Board member,
College of Pharmacists of BC
In November 2017, the CSHP Excellence program surveyed patients and CSHP members to evaluate how Excellence themes are presently reflected in the care being provided to patients by hospital pharmacy teams. We reached out to CSHP members (via the eBulletin and e-announcements), and the patient survey was distributed patient groups with assistance from pharmacy leaders from across Canada. Both surveys were open for approximately one month. The survey provided 54 patient responses and 368 member responses. The survey results have recently been published in a final report that divides the results based on respondent (patient or member) and Excellence theme.

The Excellence program is in the process of setting aspirational yet achievable targets for the themes and outcome measures. We will also be providing practice recommendations and developing tools/services to assist members in achieving these targets. The plan is to repeat the survey to measure the effect the Excellence program on assisting members in improving the care provided to patients.

Another school year is upon us and we want to give a warm welcome to the new class of 2022, we hope you are adjusting well! The school year started off with Clubs Night where students were given the opportunity the explore the different clubs that are offered within the Faculty of Pharmaceutical Sciences at UBC. We want to extend a huge thank you to all the students who came by and showed interest in our CSHP booth. There was a huge turnout and it was humbling to see students show such interest in the profession.

The Student Mentorship Program signup for the 2019 year is now open. Through this program, students are given the opportunity to be paired up with a clinical pharmacist to gain early exposure to the profession. For more information on how to signup, be sure to check out our post on our Facebook Page at CSHP BC Branch Students.

We are also looking for more pharmacist mentors to share their passion, knowledge and expertise with students. If you are interested or would like more information about the Student Mentorship Program, please feel free to contact us at cshpstudentcoordinator@gmail.com. Thank you to all the mentors who have already signed up. Your continual support and commitment to student development is greatly appreciated!

UBC’s Career Avenues in Pharmacy will be held on October 10, 2018. We will have a booth in the atrium and we hope to see you all there. Please stay tuned for our Student Symposium event also coming up in October.

Respectfully Submitted,
Naa Adjin-Tettey and Solomon Chow
CSHP-BC Student Membership Coordinators
Happy Autumn Greetings, Everyone! I hope you are all enjoying the colourful season and the crisp sound of leaves beneath your feet! =)

I hope you are also taking advantage of the many benefits of your CSHP membership. One such benefit is access to generous research and education grants offered by the CSHP Foundation, the application deadline for which is coming up on October 12th, 2018. For more information, please refer to: http://cshpfoundation.ca/web/la/en/pa/1A15033B82CA4C06BCC18C6179E0DCEB/template.asp.

You will be pleased to know that CSHP continues to actively engage its members and participate in discussions on nationally-relevant topics. One such example is the recent communication between CSHP and Health Canada on restricting opioid marketing and advertising to help address the opioid crisis, which conveyed the following information:

- Manufacturers should preferably not be developing educational materials (pamphlets, slide decks, etc.) for health care professionals. Materials should be created by an independent third party, such as Health Canada, academic detailing programs, and academia. Presentations for conferences, symposia, lunches, and dinners sponsored by drug manufacturers should be accredited by a qualified continuing professional development body.

- If drug manufacturers continue to be permitted to create educational materials for the promotion of opioids to health care professionals, the information provided should disseminate only facts from the product monograph for the purpose of optimal, safe, and effective prescribing and use of the drug, include absolute and relative data for benefit and harm, specify the types of pain for which opioids have been investigated, identify non-opioid comparators with data for benefit and harm, and quote peer-reviewed, high quality evidence published to address the opioid crisis.

- Opioid-specific criteria should be set by the Pharmaceutical Advertising Advisory Board.

- Based on the currently available evidence, no claims of reduced addiction potential or tamper-proof formulation should be made for any opioid products, as they all carry these risks.

- The direct advertising of opioids to the public and patients, and the use of opioid-related swags should be strictly prohibited.

In conclusion, I look forward to seeing as many of you as possible at our upcoming CSHP AGM on Saturday, October 20th, and CSHP-BC Branch AGM on November 23rd & 24th, 2018.

With best wishes,

Shirin Abadi
BC Delegate - CSHP

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Thinking of getting the new iPhone?

Members can now pre-order the iPhone XS and XS Max through our Telus vendor! Pre-orders for the iPhone XR will start Oct 19. To take advantage of this offer, click: https://cshp-bc.com/members-only-benefits/

Please use the password: s6K2k5fH to access the offer.

For any issues, please contact cshpbc@gmail.com
V I S I O N  2 0 1 8 :  
CSHP will be a thriving, progressive society, leading and inspiring excellent pharmacy practice integral to patient-centred care in hospitals and other collaborative healthcare settings.

S P O N S O R S

CSHP BC Branch would like to thank the following companies for their support through unrestricted grants.

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